



OPP4005 Total Stability Ankle Brace

Designed to provide firm stability to injured ankle, preventing inversion and eversion sprains. Available with a unique heel-lock strapping system. Padded heel and tongue fabric is durable and provides added comfort. It is recommended wearing a sock under the ankle brace. Easy lace-up application eliminates tedious taping.



ANKLE

The ankle joint consists of the tibiofibular, talocrural and subtalar joints. The tibiofibular joint is connected by the anterior tibiofibular, posterior tibiofibular, inferior transverse ligament and interosseous membrane. The talocrural joint located between the talus, the medial malleolus of the distal tibia, and lateral malleolus of the distal fibula. The subtalar joint is an articulation between the talus and calcaneus. The medial ligament complex consisting of the tibionavicular, tibiocalcanean, posterior tibiotalar and anterior tibiotalar ligaments is very strong. The lateral side has several separated ligaments, including the anterior talofibular, calcaneofibular, posterior talofibular ligament. The key muscles surrounding the ankle are peroneal muscles (longus and brevis), triceps surae, and anterior / posterior tibialis.

Features:

- Non-stretch " Figure-8 " straps lock the heel for optimal stability
- Removable plastic splints on both sides offer additional support
- Limits inversion & eversion
- Indicated for ankle sprains/strains, instabilities and preventative prophylactic use against inversion injuries

Indications:

- Ankle Sprain

Sizing Info: *According to US/ AUS Shoe Size.*

Size:	Mens:	Womens:	Code:
XS	5.5 - 7	6.5 - 8	OPP400520
S	7.5 - 9	8.5 - 10	OPP400530
M	9.5 - 11	10.5 - 12	OPP400540
L	11.5 - 13	12.5 - 14	OPP400550
XL	13.5 - 15	14.5 - 16	OPP400560
XXL	15.5 - 17	16.5 - 18	OPP400570

BLACK

UNI

MAX

UNIVERSAL
DESIGN FITS LEFT
OR RIGHT ANKLE

MAXIMUM
SUPPORT



LACE UP



SLIP ON

Materials:

54% Nylon
40% Polyester
3% Rubber
3% Spandex